# Teaching module: Energy awareness Session 1: Introduction to energy awareness

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**Class plan Class time:** 2x45 min.

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| No. | Activity name | Procedure | Teaching guide | Method | Interaction type\* | Expected outcome | Materials | Overall time |
| 1. | Introductory presentation  | 1. Introductory lecture
 | Using the presentation and video to show examples of difficulties when trying to promote changes in behavior regarding energy consumption.  | * Presentation
* Discussion
 | T 🡪 Ss | * Basic knowledge on energy awareness
 | * TM1-ST1-RM1-Energy awareness presentation
* TM1-ST1-RM2-introductory videos
 | 30 min |
| 2.  | Energy consumption patterns  | 1. Ss fill in the energy impact self-assessment matrix.
2. Ss discuss and compare the results
3. Ss evaluation
 | Ss reflect on the consequences of certain energy consumption patterns based on the responses in the energy impact self-assessment matrix. A student or group of students can draw a mind map on the board taking with all the ideas brought from the discussion in a participatory way.  | * Presentation
* Exercise and discussion
 | T 🡨🡪 Ss | * Understanding the difficulties of changing consumption patterns
 | * TM1-ST1-RM1-Energy awareness presentation
* TM1-ST1-RM3-energy impact self-assessment matrix
 | 40 min |
| 3. | Summary discussion | 1. Lecture on importance of social sciences for decision-making.
 | T defines the importance of social sciences and raising energy awareness.  | * Presentation
 | T🡪 Ss | * Awareness of social sciences for decision-making
 | * TM1-ST1-RM1-Energy awareness presentation
 | 20min |

\* Interaction type:

**T** – teacher

**S** – student

**Ss** – students

**->** - one way

**<->** - two way